

Cookie Leaders

Before Camp

Prepare menu for camp (look at Cook books including Kukimbat Daga.
Note also: One year each group made their own dinner, but lunch was prepared by cooks.

- Fill in blank attached
- Make sure meat is in the menu

Make Shopping list (see list attached for suggestions)

Here are quantities per person

- Meat (100g or maybe more)
- Pasta (100g)
- Rice (1/2 cup)
- Salad for 20 people
 - Lettuce x 1
 - Carrots x 500g
 - Capsicum x 3
 - Cucumber x 2
 - Tomatoes x 500g

Equipment list – Collect & any extra equipment needed

- Bullocky – need a freezer?

Find out if anyone is allergic to any food/has any special diet needs
(from application form)

Do shopping

- Buy specially basics list & food for first night and breakfast, morning tea
(until you know how many are there to buy for)
- Keep the receipts.

During Camp

- Meet any non-indigenous helpers. Work together with indigenous leader to lead.
- Encourage one another in the kitchen.
- Organise trips into town to buy more and fresh food (as when you get to camp you will have a better idea on how many to buy for)

Places they have brought before

- Woolworth's (gave 10% discount if you let them know it for a youth camp)
- John's Meat Mart
- Katherine Fresh Fruit & Veg Market
 - Crawford Street, Katherine
 - Ph: 89722222
 - Open
 - Mon-Fri 7:30-4:30pm
 - Sat 9am – 12pm

Find a Car and driver to go town for shopping

Don't take campers with you

Keep the receipts

- Cook the meals (not too late - and leave some for seconds)
 - Food Handling – best to wear gloves – need to watch out for dioreer
 - Duties – tell MC what you want them to do.
Have team, peel, cut, potatoes, etc. Prepare for dinner.
 - Rubbish bin for food scraps

Before Meals

Make sure campers wash hands before eating –
Hand sanitiser – give to each person as they line up for food

Prepare several (3) dishwashing stations with 3 large bowls each

a. Dish 1 – Rise off food scraps

b. Dish 2 – has detergent and disinfectant and dish brush

c. Dish 3 – Rinse water

Make sure grace is said/sung

Here is a Kriol example... https://www.youtube.com/watch?v=g6zgfTL34HM&index=3&list=PLicxb85NPyHCI08rq72b05_GME-aP5iws

After Meals

Help cooks clean up cooking pots, gear.

Throw water away

Wipe up

Wash tea towels and hang up to dry

Empty rubbish bins

After Camp

Distribute extra food to leaders to take home

Learn Kriol Grace (and all leaders)

Theingkyu bla daga

Theingkyu bla dis gudbala pleis (Wordodo!)

Theingkyu blanga gudbala daga (Worde!)

Theingkyu blanga kukimob (Gudjob!)

Theingkyu God bla ebrijing. Trubala! Preisim God!

Translated from the tune 'Thankyou for the world so Sweet' by Joanna, Anne Kelly, Margaret Mickan and Rachel Borneman 23rd May 2010

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