

Suggested Food List

Bread	ham
Bottled Water	lettuces
Rolled Oats	Tomato's
Weetbix	Bread Roll
Baked Beans	Tuna
Spagehetti	Tina Fish Hering
Bacon	Mayo 1 bottle
Juice	Rice - 5 kg
Fresh Milk	
Tea Bags	Meat
Powdered Milk (5 kg)	Sausages
Dry Biscuits	Mince
	Chicken
Fresh Fruit	Pasta Sauce
Mandarins x 30	Pasta
Oranges x 30	
Apples x 50	Salt
Banana's x 20	Pepper
	Curry
Vegemite	Soup Packet
Strawberry	Orange & apple juice
Dark plum	Fishing Line
butter (if esky)	
Godlen Syrup	
Cooking Oil	
Curry Powder	
Drum Flour - self raising	
Plain Flour	
Cheese	